

Lesson #10

HAPPY EARTH DAY!!



Theme of this lesson: Gardening

Letter of the week: W

Parent Corner: Routines

All ages:

Story Time: Wonderful Worms by Linda Glaser

https://www.youtube.com/watch?v=VDA2Zo_y83A&feature=youtu.be

Parent Article:

[Gardening with Children](#)

Video:

14 Store bought Vegetables and Herbs you can regrow

<https://youtu.be/ZJuXpiEjdcc>

In keeping with our recent recycling theme, I used an old plastic bottle as a planter. I took a garlic clove I already had in the kitchen and planted it in the dirt. If you place some of your seeds/cuttings close to the edge then kids can watch the roots grow through the clear plastic.



Age 2 - 3 years:

[April: COLORS](#)

Video: Fruits, Vegetables, Colors

<https://youtu.be/2vdPRKsv3Uk>

Age 3 - 5 years:

Letter W

Parents, draw a large W on a paper and have your child form the shape with different objects. Use items that are textured so children can run their fingers along them and get added sensory input. Examples are: yarn, glitter glue, buttons, rice, beans, cotton balls, etc. I have cut letters out of sand paper and adhered them to cardboard squares so students can trace the letter shapes daily to gain repeated exposure to the letter form.



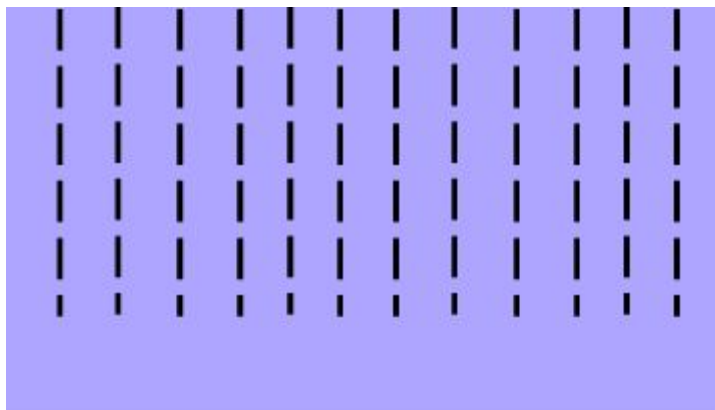


Paper Bag Whale

Instructions:

- stuff paper bag with shredded newspaper, leaving about 3 inches unstuffed
- Scrunch the top together and wrap an elastic band or masking tape around to seal.
 - The stuffed part is the body of the whale.
 - The end (top of the bag) is the tail.
- paint the paper bag, including the tail, a whale color (blue or grey) or even black and white for an orca whale. I never paint the bottom of the whale (the tummy).
- While your bag is drying...
- Cut out flipper shapes from the blue construction paper

- Cut a rectangle from the blue construction paper and cut slits in it (see the dotted lines below)

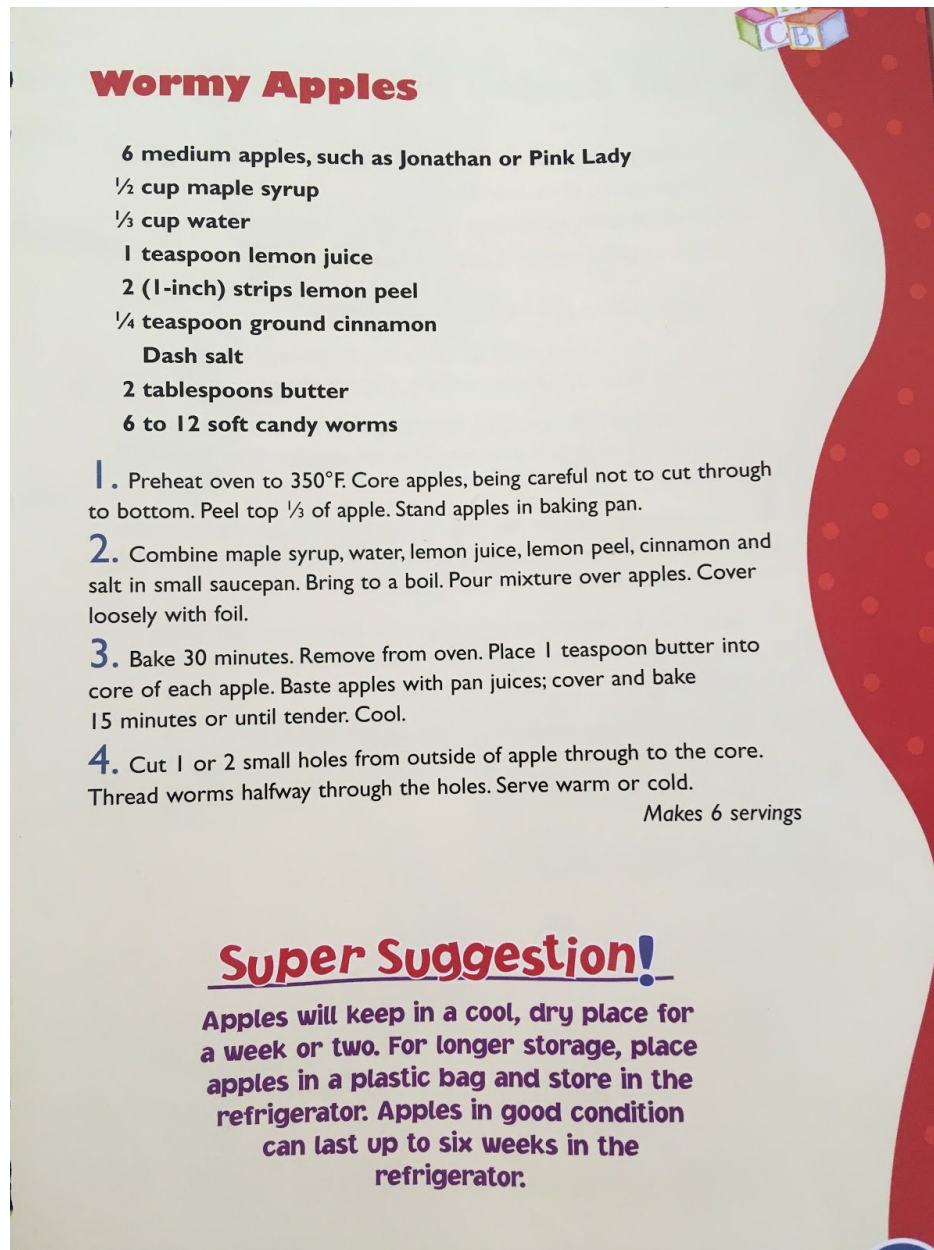


- Roll the piece around a pencil and tape it to make a tube (the spout of the whale)

Once the bag is dry:

- Scotch tape or glue the flippers to the paper bag (I usually glue them to the tummy).
- You can poke a hole in the top of the bag with a pencil and squish the bottom of the spout in there and then apply scotch tape as needed.
- Use a black marker to draw on eyes and a nose (or use [wiggly eyes](#) or round stickers).

Recipe:



Wormy Apples

6 medium apples, such as Jonathan or Pink Lady
½ cup maple syrup
⅓ cup water
1 teaspoon lemon juice
2 (1-inch) strips lemon peel
¼ teaspoon ground cinnamon
Dash salt
2 tablespoons butter
6 to 12 soft candy worms

1. Preheat oven to 350°F. Core apples, being careful not to cut through to bottom. Peel top ⅓ of apple. Stand apples in baking pan.
2. Combine maple syrup, water, lemon juice, lemon peel, cinnamon and salt in small saucepan. Bring to a boil. Pour mixture over apples. Cover loosely with foil.
3. Bake 30 minutes. Remove from oven. Place 1 teaspoon butter into core of each apple. Baste apples with pan juices; cover and bake 15 minutes or until tender. Cool.
4. Cut 1 or 2 small holes from outside of apple through to the core. Thread worms halfway through the holes. Serve warm or cold.

Makes 6 servings

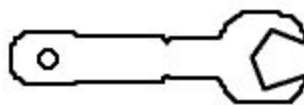
Super Suggestion!

Apples will keep in a cool, dry place for a week or two. For longer storage, place apples in a plastic bag and store in the refrigerator. Apples in good condition can last up to six weeks in the refrigerator.

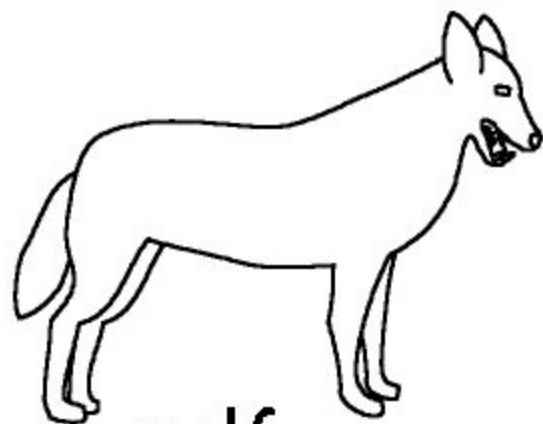
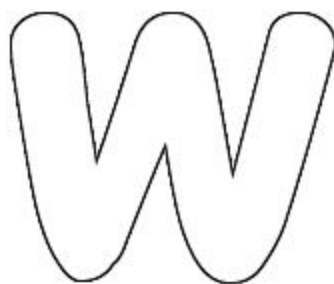
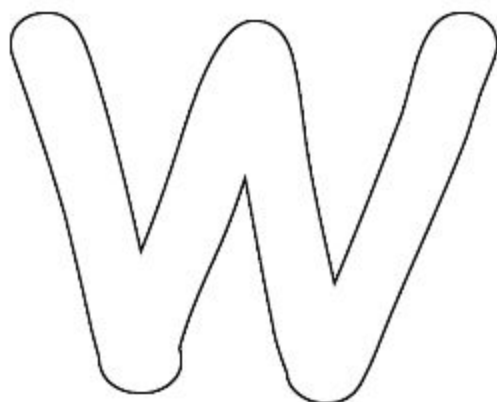
The following worksheets should be done with adult support. Use these as vehicles to talk about vocabulary and letter sounds. Ask questions related to the object to access your child's background knowledge. For example, "Do you know what this animal is called? That's right it's a whale. Where do you think whales live? What do you think they eat?" Use your child's curiosity to discover more information that they are interested in. If they ask about a whale's diet you can go to a website such as <https://kids.nationalgeographic.com/> to learn more about that animal.



whale



wrench



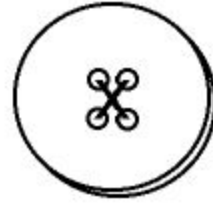
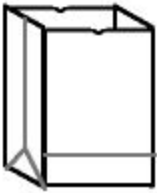
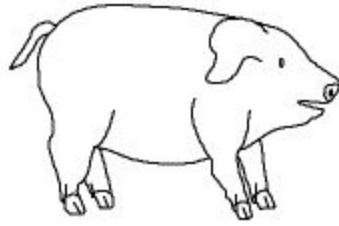
wolf



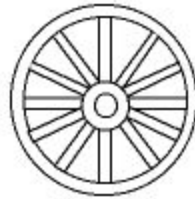
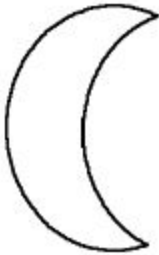
worm

Circle 10 words that
start with 'W'

Name _____



4



a, e, i, o, u



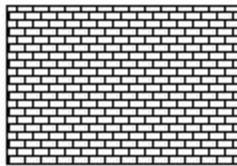
I can color the wagon red.



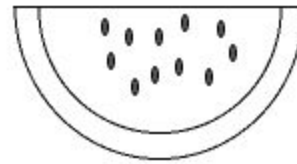
I can color the wand purple.



I can color the wall orange.



I can color the watermelon pink.



I can color the wasp yellow.



I can color the walrus brown.



I can color the woman green.



I can color the whale black.



I can color the world blue.



I can color the web gray.



Parent Corner

Click on this link to discover how to help your child establish independence in daily routines.

[Routines](#)